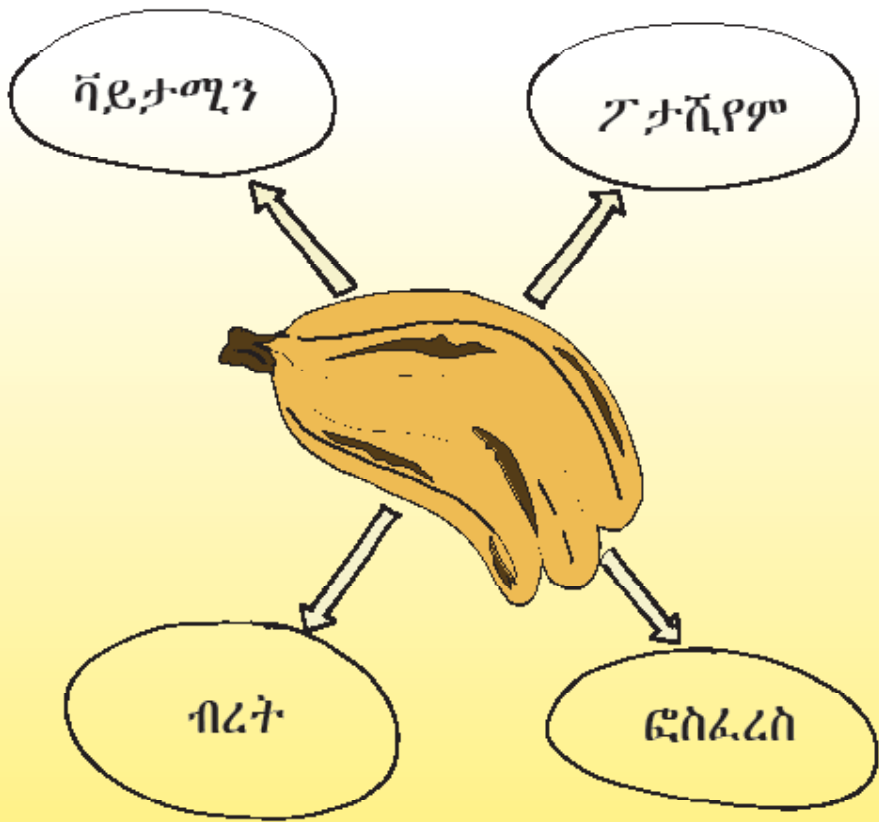




መገ



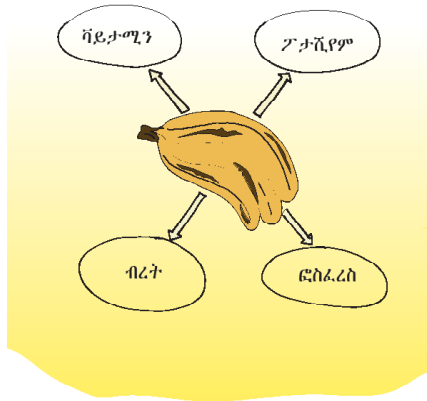


መ.ዘ

Leveled

Grade 2

Week 10



ይህ አጋዥ የንባብ መጽሐፍ ከዩ.ኤስ.ኤ.አይ.ዲ. (USAID) በተገኘ የገንዘብ ድጋፍ በሴቭ ዘ ቺልድረን (Save the Children)፣ በትምህርት ሚኒስቴር እና በአማራ ብሄራዊ ክልላዊ መንግሥት ትምህርት ቢሮ የጋራ ትብብር ተዘጋጅቶ ታተመ።

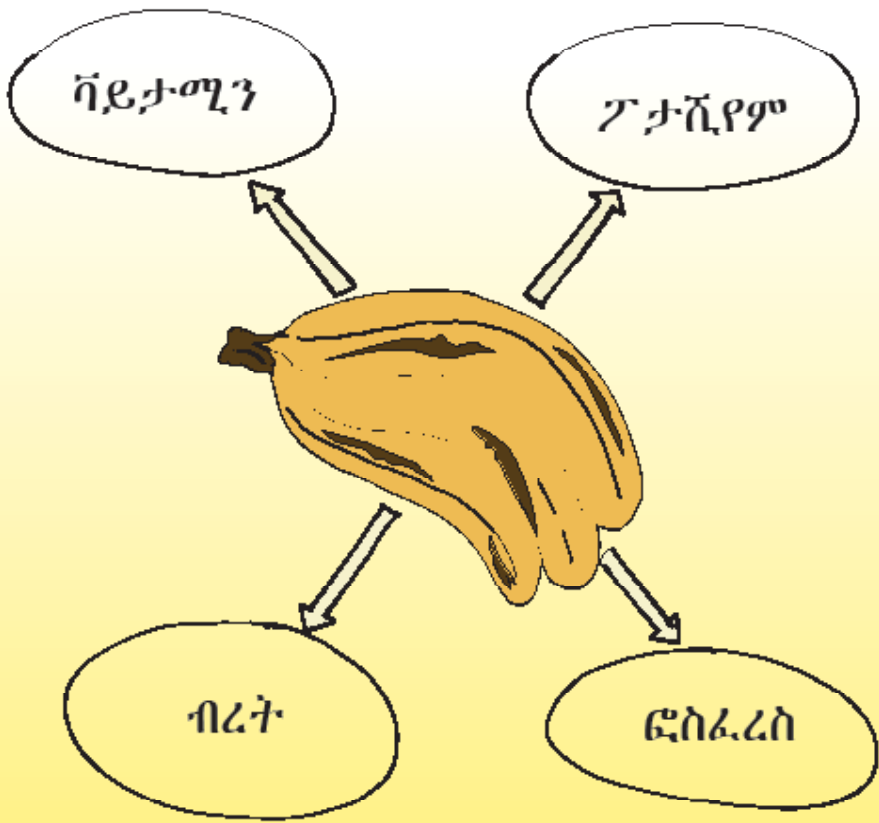
2008 ዓ.ም.



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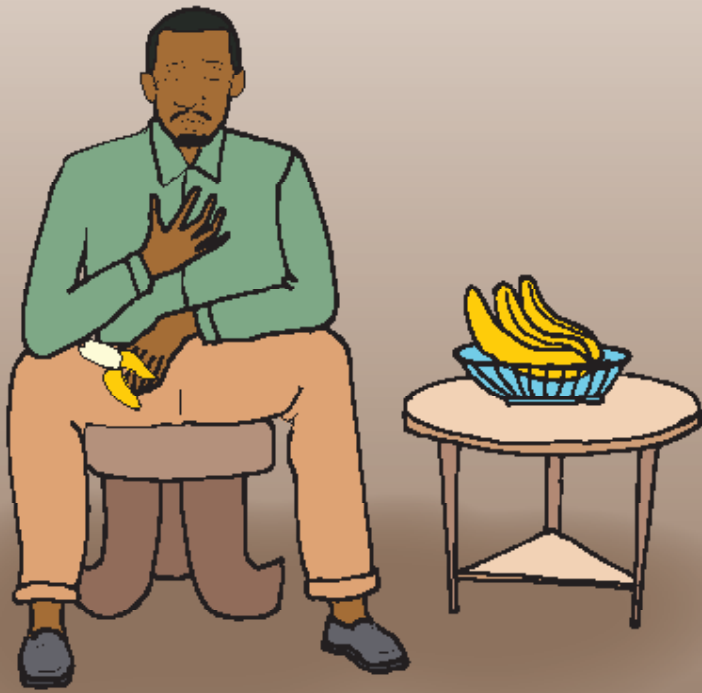
መዝ ብዙ አልሚ ነገሮችን
የያዘ የፍራፍሬ ዓይነት ነው።



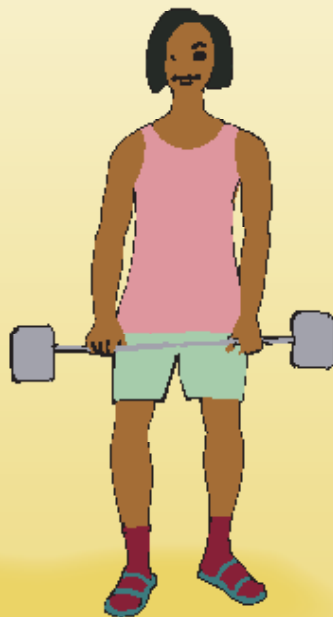
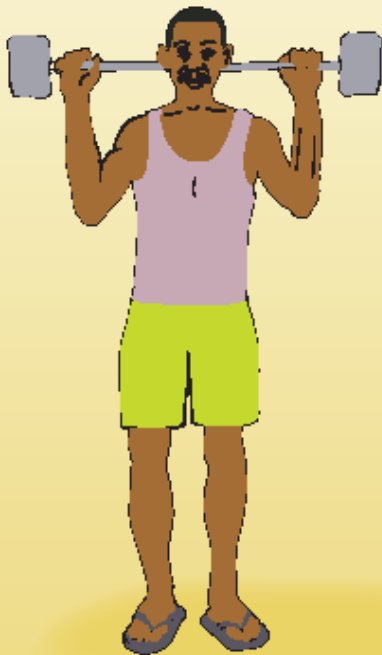
አልሚ ነገሮቹ ለሰውነታችን
 በጣም ጠቃሚ ናቸው።



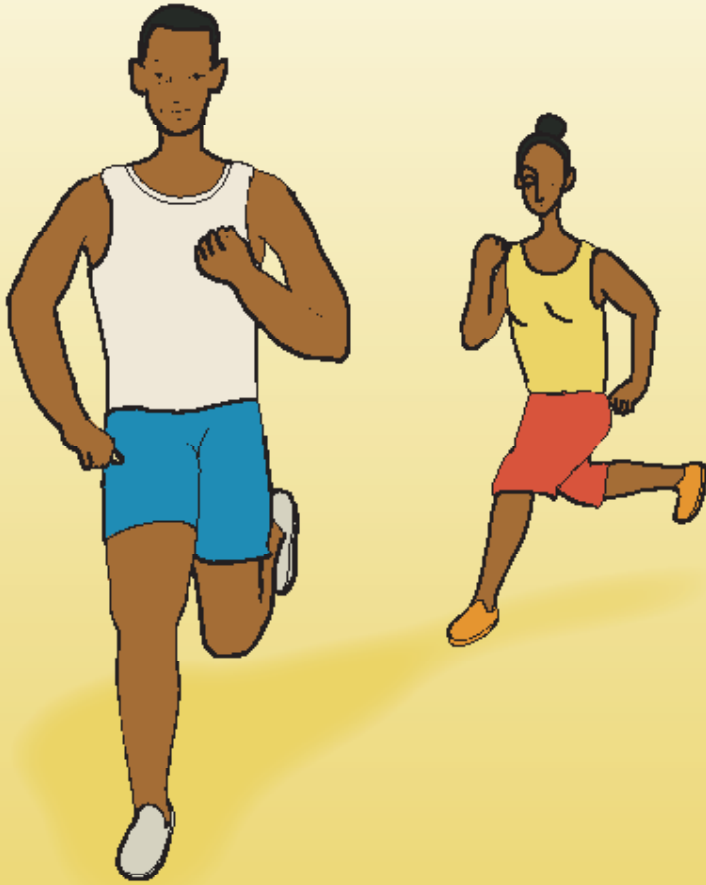
ለሰውነታችን ከፍተኛ ኃይልና
ሙቀት ይሰጣሉ።



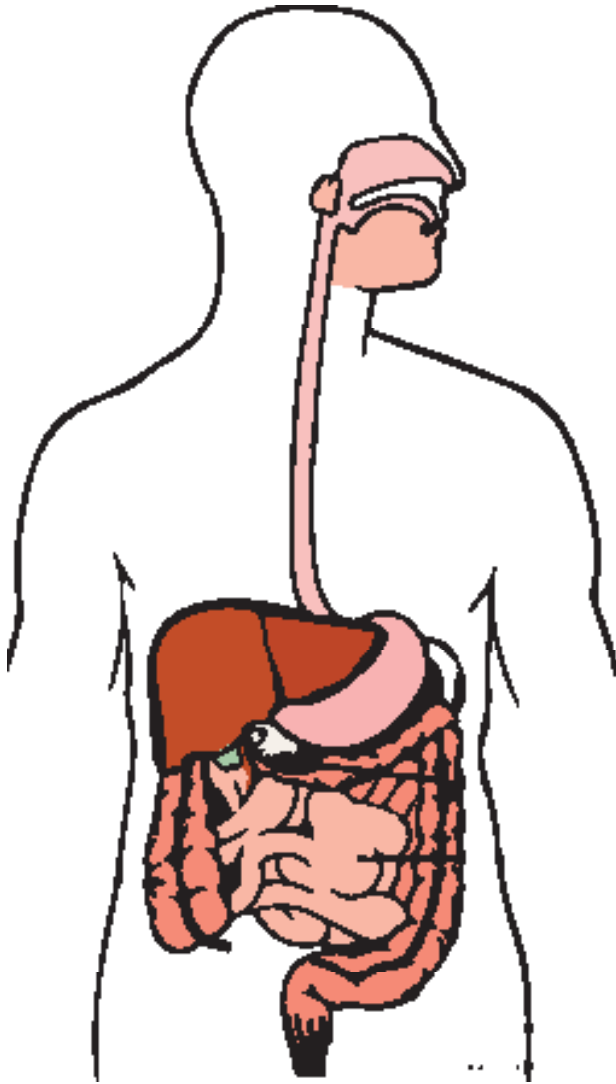
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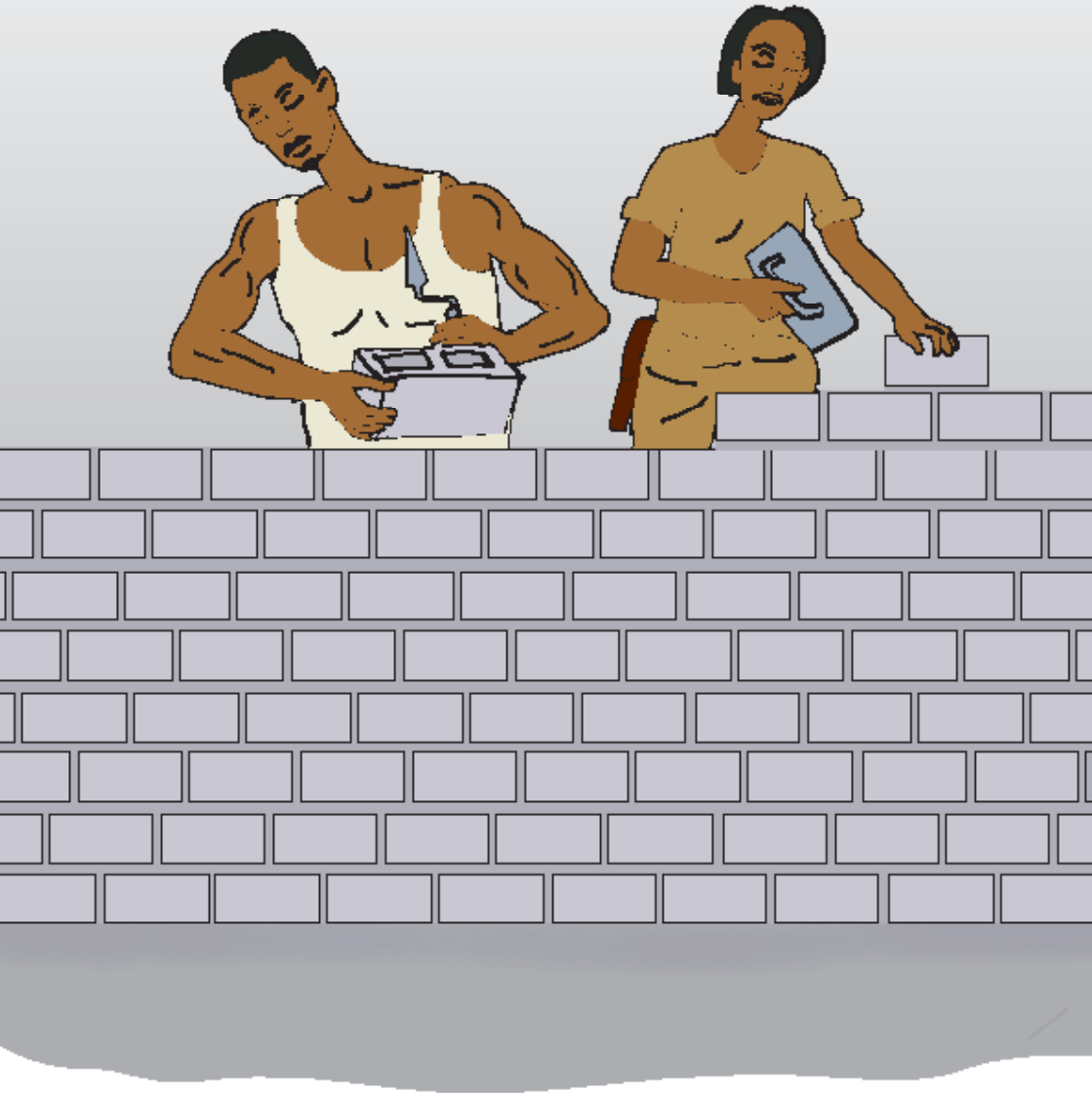
በሰውነት ውስጥ የደም ማነስ
እንዳይኖር እገዛ ያደርጋሉ።



በፍተኛ ሂልብ ምትን
ይቀንሳሉ።



በሰውነት ውስጥ የምግብ
ሥርዓተ-ዕድገት ያፋጥናሉ።



የሙዝ ልጣጭም የተለያዩ
ጠቀሜታዎች አሉት።



የሙዝ ልጣጭ ለቆዳችንና
ለጥርሳችን ትልቅ ጠቀሜታ
አለው።



በሙዝ ልጣጭ ፊትንና
አንገትን መቀባት ቆዳን
ያለሰልሳል።



በሙዝ ልጣጭ ጥርስን

መፋቅ ነጭና ጤናማ

ያደርጋል። የምንጠቀምበት

የሙዝ ልጣጭ ግን ንጹህ

መሆን አለበት።



ስለዚህ ሙዝን በየዕለቱ
መመገብ ጤናማና ጠንካራ
ያደርጋል። በተጨማሪም
የሙዝ ልጣጭ ለአትክልት
ማዳበሪያነት ይጠቅማል።

